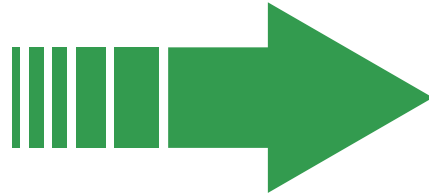


Important Update About Healthy Minds



From Monday 23 September 2019, the Healthy Minds patient intake is transitioning to become part of the **Connect to Wellbeing** service being delivered by Neami National.

This initial transition is part of a broader intake, assessment and referral service for mental health and drug and alcohol supports across the North Coast that will be rolled out over the coming months.

From Monday 23 September 2019:

New phone number **1300 160 339** for referral and/or general service information

New referral forms will be available at **www.ncphn.org.au/connect-to-wellbeing**

New email address: **connecttowellbeingNC@neaminational.org.au**

New fax number **02 8212 8936**

September 2019 v1

Connect to Wellbeing Referral Form

Servicing people in the North Coast Primary Health Network catchment area. Connect to Wellbeing provides an intake, triage and assessment service that facilitates access to the services that best support the mental health needs of the individual.

Date of referral: _____ Services required for: ☐ CHSD (0-12) ☐ youth (12-25) ☐ adult (18+)

If the person has acute mental health needs, please refer to public mental health services Acute Care Team or NSW Mental Health line 1800 811 811

Please select the option considered most appropriate for the person:

☐ **Low Intensity Strategies (New Access)**
This includes psychological interventions delivered via telephone and web-based services.

☐ **Psychological Therapies (formerly known as HEALTHY MINDS)**
For low income / financially disadvantaged people with a non-acute moderate mental health condition who would benefit from short-term goal focused psychological strategies.

Priority Groups: ☐ Aboriginal or Torres Strait Islander (ATSI) ☐ Eligibility requires that (please tick):
☐ Homelessness ☐ A Mental Health Treatment Plan (MHTP) or Child Treatment Plan (CTP) is attached, or Appendix A is completed.
☐ Perinatal ☐ The person has a low income or is experiencing financial hardship despite income level (including Health Care Card, Disability Support Pension, no source of income, low income earners).
☐ Culturally and Linguistically Diverse (CALD) ☐ Children under 12
☐ Rural/Remote
☐ Extreme climatic events

Exclusion criteria may apply, please contact Connect to Wellbeing if more information is required.

☐ **Suicide Prevention Services - Low to Moderate Suicide Risk**
NOT intended to support people who are of acute and immediate risk.
Where any of the following requirements are indicated, the person will be contacted within 24hrs (business days) of the date of referral and offered an appointment within 72hrs.

Please select at least one of the options below:

☐ After a suicide attempt or self-harm incident, the person has either been discharged from hospital into the care of a GP, or has been released into the care of a GP from an accident and emergency department.

☐ The person has presented after an incident of self-harm.

☐ The person has expressed strong recent suicidal ideation.

☐ The person is considered at increased risk in the aftermath of a suicide.

NB: Please ensure the person has a GP appointment for review within 2 weeks.

Neami North Coast | Fax 02 8212 8936 | Phone 1300 160 339 | Email connecttowellbeingNC@neaminational.org.au Page 1 of 3

New referral forms



For provider enquiries relating to payment, contract management including insurance (credential requests), please continue to contact North Coast PHN on 1300 137 237 for now. Please do not call direct staff lines.



Neami National are a community-based mental health provider with over 30 years' experience supporting better mental health and wellbeing in local communities. Neami's experience of working in close partnership with local GPs and service providers to deliver successful intake, assessment and referral services will be highly valuable to help us achieve better mental health and wellbeing on the North Coast.

Connect to Wellbeing North Coast has been made possible by funding from North Coast Primary Health Network.